



MARIONETTES

LINE DANCING



BASIC DANCE STEPS

- Ball Change** Transfer of weight from ball of one foot to another usually on the &1 count
- Brush** Move the ball of the foot forward against the floor
- Coaster Step** **A triple step with either foot leading eg:**
1 Right foot step back
& Left foot step back
2 Right foot step forward.
- Grapevine** **A 3 step sequence traveling to the side eg:**
1 Step right foot to right side
2 Step left foot behind right
3 Step right foot to right.
- Jazz Box** **A 4 step pattern eg:**
1 Step right foot across in front of left
2 Step back on left foot
3 Step right foot to right
4 Close left beside right
- Kick Ball Change** 1 Make a low kick forward
& Bring foot back in place & apply weight to ball of foot
2 Transfer weight to the other foot
- Monterey Turn** **A 4 Count standing step pattern**
1 Right toe point to right
2 Half turn clockwise to right on ball of left foot & close right foot beside left taking the weight
3 Left toe point to left
4 Left step home beside right
- Pivot Turn** **With one foot stepped forward in front of other turn on balls of both feet, changing weight, feet do not leave the floor. eg:**
1 Step forward on right foot
2 ½ Turn to the right on balls of both feet, weight ending on the left foot.

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Rumba Box

An 8 step dance pattern eg:

- 1 Step left to left
- 2 Step right beside left
- 3 Step left forward
- 4 Hold for a beat
- 5 Step right to right
- 6 Step left beside right
- 7 Step right backwards
- 8 Hold for a beat.

Sailor Step

A triple step with the upper body moving in the opposite direction to the leading foot eg:

- 1 Right foot cross behind left & step(lean to right with body & Left foot step to left
- 2 Right foot step in place

Scissors

A 4 count move eg:

- 1 Right foot step to right
- 2 Left foot step beside right (taking the weight)
- 3 Step right foot across in front of left
- 4 Hold

Shuffle

A triple step moving in any direction

- 1 Left foot step forward
& Step right foot beside left
- 2 Left foot step forward

Strut

A 2 count movement

Heel strut: Touch heel to floor, snap toe to floor
Toe strut: Touch toe to floor, snap heel to floor

Waltz

Three step sequence, 1st step is on the flat of the foot, steps 2 & 3 are smaller and done on the balls of the feet.

Weave Right

A four step sequence traveling to the side e.g.:

- 1 Cross left over right
- 2 Step right to right side
- 3 Cross left behind right.
4. Step right to right side.